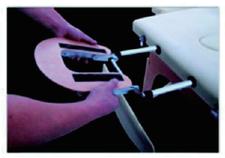
Headrest and Arm ShelfInstallation Instrusctions



1.Put the headrest tubul ar arms through the loops of the two arm shelf straps.



2.Insert the tubular arms into the headrest holes in the table and lock the position using the locking lever of the headrest.



3.Place the ramaining single arm shelf strap over the middle part of headrest.



4.Thread the remaining single starp through the buckle.



5.Adjust the arm shelf to the desired horizontal postition and tighten all the straps acoordingly.



6.Attach the headrest pillow to the headrest with the provided Velcro fastener.

Using your 6–way adjustable headrest

1 Put the tubulararms of the face cradle into the ports.

2 Position the lock lever so that it extends our horizontally; which the ridges on top.(fig1)

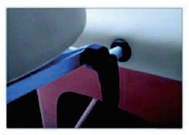


FIGURE1

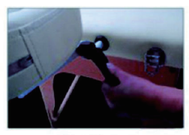
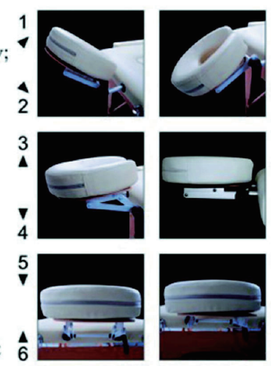


FIGURE2



3 Adjust the headrest as desired and then move the lever downwards to lock into place. Keep the table dry, and avoid exposure to wet or humid environments. Should the table get wet, quickly and thoroughly dry with a soft cloth.(fig2)

Keep the table dry,and avoid exposure to wet or humid environments.Should the table get wet,quickly and thoroughly dry with a soft cloth.

3–section massage table

Back Plank Height Adjustment:

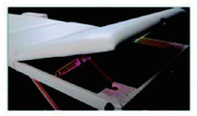


FIGURE6

After removing the one buckle at the end, and you can raise the back plank. Adjust to a desired position.(figure6)

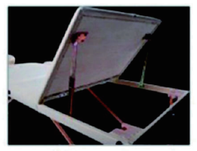


FIGURE7

After you have adjusted the back plank to a maximum height, place the buckles back on.(figure7)

All the other use and care is the same as for the 2–section portable massage table. Please refer to the usage notes of 2–section portable massage table.

Disclaimer

This product is intended for experienced adults over 21 years of age only.
The seller will not be held liable under any circumstances for incidental or consequential loss or damage or injury, due directly or indirectly to the use of this product, including any malfunction from neligence or defect.
The seller makes no claims as to the suitability of this product for any specific purpose or use.
The buyer holds seller and its agents and affiliates harmless from any liability arising out of or relating to use or ownership of this product.
Buyer fully accepts responsibility and releases the seller for all and any personal injuries, fatal injuries, death of the user and others, any losses, costs and damages incurred as a result of buyer's or anyone else's operation of this item.
By purchasing this item, you acknowledge that you have read and understood, and you agree, to the terms and conditions of this Agreement, and you represent that you are of legal age (21 or older) to enter this Agreement and become bound by its terms.

HOMCOM

Instructions for Portable Massage Tables

INcha021V01_UK_5550-3291_5550-3292_5550-3282_5550-3293_
503-025V70BK_503-025V70CW_503-025V70VT



Right Angle Table



Aluminum table



Oval table



Multi–Purpose table

Congratulations on the purchase of your new portable massage table. Your new table has been skillfully crafted to exacting standards, utilizing high quality components and materials. With proper use and care, as outlined in this user's guide, your table should provide long–lasting reliable performance. To insure the safe and correct use of your table, please take a moment to read this entire guide prior to using your table.

PRECAUTIONARY INSTRUCTIONS

- Maintain the able periodically. Make sure all screws are secure and the cable has not deteriorated or frayed. Make sure there are no cracks in the wood structure
- Do not overload the table beyond the recommended weight limit. This could result in serious injury to the user.
- Do not use alcohol–based cleaners when cleaning the vinyl. This could cause damage to vinyl materials. Use warm soapy water and wipe dry.
- Make sure when using the table that all four legs are on a solid surface and at the same level.

TABLE SET UP

Place the table on its side, release the buckles, partially open the table, and remove the accessories.(figure1)

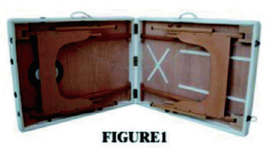


FIGURE1



FIGURE2

Standing behind the table, grasp both table handles and gently swing in an outward motion to fully open the table. The legs should open automatically.(figure2)

Turn the table upright by lifting the middle of the table. Press down in the middle of the table to make sure the table lies flat. If the table peaks in the middle, check and straighten our the cable.

TABLE AND ACCESSORY USE

We provide optional accessories for you. Please read the instructions carefully before use.

Headrest:

The Headrest consists of a crescent Headrest Base and crescent Face Pad. It will give your client comfortable head and face support. You may have a different option for the headrest base. The adjustable headrest is easy to hange. Change the angle and height of the base by adjusting the base handle.(figure3)

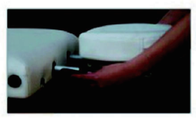


FIGURE3

Adjustable Armrest Shelf:

This adjustable Armrest Shelf is a good device for supporting your client's arms at the front of the table. Hang the Armrest Shelf on the two bars of the headrest and slide the belt up or down for the optimum position.(figure4)

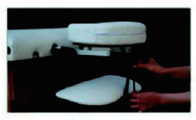


FIGURE4

Side Arm Extension:

This is the Side Arm Extension for our table. These removable padded side armrests add table width. They fit into the required accessory holes in each side of the table. That will give comfortable arm support, especially for large clients.

Height Adjustment:

Proper table height is determined by the therapist height, modality, and technique. You can adjust the height by removing the grip knob from each leg. Replace the knobs after adjusting each leg to the desired position.

Table Weight Limits:

Positioning the client in the center of the table will help distribute the weight evenly and ensure stability. Gently sit near (not on) the center of the table at first, then sit as close to the center (from the edge) as possible. The working weight is the combined weight of the client and the maximum amount of downward pressure being applied by the therapist. The maximum working weight for the table is 500 pounds. For example: For a client weighing 300 pounds, the maximum downward pressure that can safely be applied is 200 pounds. As pressure applied at a sideward angle puts considerably more stress on a table, the maximum sideward pressure should not exceed 50% of the maximum downward Pressure.

DO NOT EXCEED REFERRED MAXIMUM WORKING WEIGHT.
(Never exceed the load limits of the table; Doing so may result in serious injury and/or damage.)

Storage:

Attach Headrest Base and Face Pad onto the elastic under the table as shown. Place each accessory in its original position. (figure5)



FIGURE5

The carry case should be used when transporting or storing the table to help protect the table from damage. When not in use, store the table in a cool, dry place and away from direct sunlight. Do not expose the table to extreme (hot or cold) temperatures, or moisture.

TABLE CASE

Upholstery care

Daily Cleaning: Removing daily dirt and grime from the table with a mild soap and warm water solution. Dry with a soft, lint–free cloth.

Disinfecting: Disinfect the table as required with an isopropanol based hospital grade disinfectant cleaner (approved for use on polyurethane vinyl).

Stain Removal:

Some minor stains can be removed with a mild, non–abrasive cleaner. Spray a damp cloth with cleaner and gently wipe to remove stain, rinse thoroughly with warm water, and dry with a soft lint–free cloth. More stubborn stains may require a professional cleaning.

Wood Care:

Your massage table is made of select hardwood s and is finished with lacquer requires no special care. If desired, you may polish occasionally with a quality wood care product.



Enjoy better life